

CRUISING & LOSING



Sail your way toward fitness with stars from *The Biggest Loser*

Fitness has never been this fun! Join Marty and Amy Wolff, stars from Season 3 of NBC's hit reality series *The Biggest Loser*, for a cruise aboard Carnival Cruise Lines!

Sail your way toward a better you with workouts, seminars, and more! Then enjoy the ship's full spectrum of amenities and those fabulous ports of call. Relax poolside, take an excursion, hit the beach, including Cozumel, Grand Cayman and Ocho Rios!

Balance the scale with the best cruise - and the most fun - you'll ever experience!

January 3-10, 2009

7-Day Western Caribbean Cruise aboard the Carnival Liberty

Prices starting at

\$659

per person, dbl. occupancy

\$250 deposit required at the time of booking. Balance due on October 17, 2008. Airfare additional from your gateway city.

Call AurTravel today for more information or to book your cabin.
Don't wait - space is limited!

About Marty and Amy:

In Spring 2006, Amy Hildreth and Marty Wolff were two of 14 obese people cast on NBC's reality show *The Biggest Loser* with the intentions to lose weight and change their lives. For eight months, they were taught by the best in the fitness, nutritional and medical industries. The end result was a combined weight loss of 252 lbs. between them and a new life's purpose: to improve the lives of overweight people ready to commit to their own health.

In 2007 they achieved their personal training certification from the American Council on Exercise (ACE) and have enjoyed sharing their passion in corporate wellness workshops, university programs and hands-on group sessions in the gym.

Not only did Amy and Marty find health on *The Biggest Loser*, but they also found love. After meeting on the show, they began dating soon after and married in March 2008. They now live in Omaha, Nebraska and enjoy life with each other and their two French Bulldogs, Tank and Lovie.



Marty and Amy have proven they know the secret to success without fad diets and plans that don't stick. Now they'll share their tips and tools of the trade with you. Participate in a variety of optional daily activities!

Meet & Greet reception
Daily workouts
One-on-one personal consultation
Fitness Finale Party

A variety of seminars on topics such as:
Nutrition
Time management
Overcoming fitness obstacles
Emotional eating


402.891.6909 | aurtravel.com